|  |  |
| --- | --- |
| **Controlling salt intake** | Description: Percentage of respondents who take specific action on a regular basis to control salt intake |
| Instrument question: D11a-f: Do you do any of the following on a regular basis to control your salt intake? |

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Limit consumption of processed foods** | | | | | | | | | |
|  | **Male** | | | **Female** | | | **Total** | | |
| Age Categories (Years) | n | % | 95% CI | n | % | 95% CI | n | % | 95% CI |
| 18-29 | 267 | 56.8 | 45.5 - 67.5 | 242 | 76.6 | 65.6 - 85.0 | 509 | 68.2 | 60.1 - 75.4 |
| 30-44 | 473 | 70.5 | 60.4 - 78.9 | 506 | 81.4 | 69.9 - 89.2 | 979 | 77.0 | 69.6 - 83.1 |
| 45-59 | 444 | 76.5 | 60.0 - 87.5 | 482 | 91.2 | 85.5 - 94.8 | 926 | 83.6 | 74.6 - 89.9 |
| 60-69 | 298 | 81.4 | 72.0 - 88.2 | 305 | 77.7 | 58.8 - 89.5 | 603 | 79.2 | 68.2 - 87.2 |
| **Total** | **1482** | **69.4** | **62.6 - 75.5** | **1535** | **81.8** | **76.8 - 85.9** | **3017** | **76.3** | **71.9 - 80.2** |
| Area |  |  |  |  |  |  |  |  |  |
| Rural | 444 | 69.7 | 56.5 - 80.3 | 454 | 84.9 | 76.8 - 90.5 | 898 | 78.3 | 70.2 - 84.7 |
| Urban | 1038 | 69.1 | 62.7 - 74.9 | 1081 | 78.9 | 72.5 - 84.1 | 2119 | 74.5 | 70.1 - 78.4 |